



## From Jason's Desk

Issue 232 - May 2022

I have just come back from our annual duck shooting trip down South to Balfour, which is half way between Invercargill and Queenstown. We had beautiful weather, the ducks were flying high, but not high enough, haha. There were five of us, including Jack and Jesse my two sons and Jesses Labrador, Zeus. The Southerners are always pleased to see us and are very hospitable.

You will be pleased to know that the Tauranga Tigers came away with the inaugural indoor bowls tournament played every year. This year there were three teams in the competition, another team from Christchurch, but it wasn't enough. So, North bet the South, to hold onto the silver trophy for another year. Pool tables and couches had to be moved to allow for a bowling rink to be made. With a lot of banter and cheering a good time was had by all.

### **MAINTAINENCE:**

Our annual maintenance of roofs and foot paths is well under way and the cobbles stones around the units have all been completed to date. The roofs will start late June. Notification will be sent closer to the time. We are so pleased with our new contractors. Their job is thorough, they are polite and go out of their way to accommodate our residents. If you feel you have been missed in any way, or would like pots moved, please just approach them, or phone the front desk and we will sort for you.

### **GARDENS:**

The new vegetable garden plots have now been completed and are looking amazing. With new soil and plants in, we are expecting great results. A big thank you to all residents that helped. We really appreciated it. I think the metal finish has made a difference. I am sure that there will be many happy hours of gardening to come.

### **SPEED IN VILLAGE:**

This has been highlighted again and is a continual battle. I understand that it is easy to creep above the designated speed limit signs as the limits are quite slow. However, they are there for a reason and the reason is you. We will be sending notice out to all contractors including courier companies to remind them once again. We want all residents to feel safe walking around the village. This is just a gentle reminder to all our lead footed residents to please slow down within the Village. We are also contemplating putting in speed bumps, which for me, is not ideal, let alone for you our residents.

### **COVID:**

What an amazing job we have done collectively as a Village containing Covid so far. At present we find ourselves with a few cases. Management have given support packs out to those residents and are monitoring them. The good news is that, the residents that do have Covid are re-couping well and have good support. Management will be monitoring the numbers and if required will take further steps. **(SEE INSERT)**. This is not an alarm notice at all, but just to remind you all to continue to maintain your 1 metre social distancing, wear face masks when you are out and about and to continue to follow our protocols. If you are feeling unwell, please see your GP and notify our front desk if you have contracted Covid, so that we can support you. Have a great week and thank you all again for all that you do for this Village.

**Jason Rowling**

**Monthly Movies on a Sunday:  
3<sup>rd</sup> Sunday in the month at the  
Centre (19<sup>TH</sup> June 2022 – 4pm)  
The Extraordinary Tale of  
William Buckley:**

The remarkable true story of the escaped convict who lived in Wathaurong, an Aboriginal tribe in Sth Est Australia. Choosing to risk the unknown of the hostile Australian wilderness rather than surrender his freedom. From a humble Cheshire bricklayer, to a soldier fighting in the army against Napoleon, to a convict forced to travel to the other side of the world, Buckley's famous account of joining the Wathaurong people, who he lived alongside for 32 years, is one of the greatest Australian survival stories. (53 mins).

For enquiries, ask Sue Whitworth (U15) on phone 021 543544.

**Puzzle:**

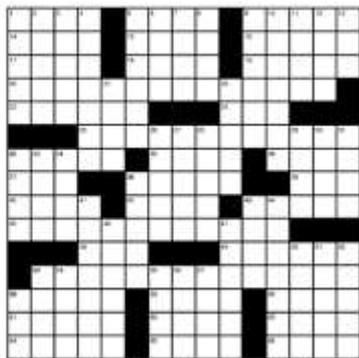
**The Wrath of....**

**ACROSS**

- 1. He may cross the line
- 5. Literary firm
- 9. Divide
- 14. Desire
- 15. Eye with desire
- 16. Desire
- 17. Made mad
- 18. "Kaboom!"
- 19. Looften up
- 20. CON
- 23. Affirm at the altar
- 24. Liza Doolittle's dwelling
- 25. CON
- 32. Drilled
- 35. Domain of Eos
- 36. Put to flight
- 37. Hollywood Gardner
- 38. Star's comedic pal
- 39. Former fort near Salinas
- 40. "99 Luftballoons" singer
- 42. Freshman, typically
- 43. Dates with a Dr., perhaps
- 45. CON
- 48. Word with go or by
- 49. Recited in rhyme, perhaps
- 53. CON
- 58. Tartan garment
- 59. "Night Sins" author Tani
- 60. SASE, typically
- 61. Dancer's support
- 62. Fit
- 63. "Dollhouse" heroine
- 64. Jerk
- 65. Mexican sauce
- 66. Eye affliction

**DOWN**

- 1. Sends to stores
- 2. Jazz Chick
- 3. Rich Little's trade
- 4. Ptsce for a glasses case
- 5. Rub elbows
- 6. Unpleasant-sounding citrus



- 7. They may have their own barlan
- 8. 1996 VP candidate
- 9. Cut corners
- 10. Factory configurations
- 11. "Mission: Impossible" composer Schifrin
- 12. "Misadvents" director Reitman
- 13. Popular cowboy nickname
- 21. Was laid low by a high?
- 22. Broadcasting pioneer Arkhge
- 26. Jung contemporary
- 27. Yarns
- 28. "Dallas" family name
- 29. "Breakfast for Dinner" eatery
- 30. \_\_\_\_ cloud (home for comets)
- 31. Assents
- 32. "Kaboom!"
- 33. Ouf's partner
- 34. Purple prisoners
- 38. SNL alum, Cheri
- 41. Suspicious romances
- 43. Love personified
- 44. Jazz-man Ellis and Russel
- 46. Type of bicycle
- 47. High point
- 50. Color lightly
- 51. Like wool sweaters, for some
- 52. Daphnis's love
- 53. Response to a rake
- 54. Legal opening?
- 55. Imitation
- 56. Bindaestff
- 57. Eden event
- 58. NOVA network

Use a magnifying glass if necessary.

**INORGANIC RUBBISH  
COLLECTION is on Tuesday 31<sup>st</sup>  
May 2022 RAIN OR SHINE. Please  
leave items outside your unit.**

**PODIATRIST:**

Our valued podiatrist, **Michael Chambers** is here on Wednesdays and Fridays, every month. Make yourself known through the office if you want to avail of his services. He has been here for many years. As we have several new residents' we would like to promote his services to you.

**Keeping on Your Feet:**



Sophie says a big thank you to her faithful exercise group ladies for the gorgeous flowers. We wish Sophie all the best. **Contact Frances Hadfield organiser (U127) phone: 925 9330**, if you have any questions around exercise group. All those that are well are welcome to come.

## GARDEN LOVERS

Garden Lovers met on Tuesday 26<sup>th</sup> April. The happy hour was spent enjoying members' various hobbies displayed. This was a slight deviation to gardening – needlework, scrapbook and card making were just a few proudly shown. A member read an article relating to the interaction between flora and avian species – quite thought provoking. Seedlings planted now will thrive as sun and soil bring favourable conditions. Happy Gardening.

**Noeline Gardner (U136)**

**WELCOME!** We extend a very warm Carmel welcome to new residents.

**Dennis and Leonie Marsh (Unit 10) and Christine Tempest (Unit 83). Do make yourself known.**

## MATARIKI:

As you are aware, we have a public holiday June 24<sup>th</sup> 2022 to acknowledge and celebrate for the first time, Matariki – Maori New Year. What does it mean for you? Why do we acknowledge this event? How do we celebrate? When does it happen? I can answer some of those questions but I can do better by providing more information with a video presentation given by a New Zealand professor of astronomy.

The video explains how Matariki originated in mythology, where you can find it in the sky at this time of the year, the name of the stars and their significance, the cultural importance of ceremonies and celebration, and the reasons the date changes.

Matariki is a unique event in the world, for people to reflect the past and think about those who have gone before us, to embrace the present time for what and who we have around us, and to make plans for the future. **To learn more, come and join us at the Centre on Tuesday 21<sup>st</sup> June with morning tea at 10am followed by the video presentation.**

**Peg Cummins and Viv MacDonald.**

## EDITORS Shout out to Paul Lang



From time to time, we have real live birds fly into the Community Centre. We had one just recently. Four of us were frantically opening windows, directing and trying to guide the bird. Paul was doing the same, then he just grabbed this huge flapping bird in his hand, one hand, I might add, and placed it very gently outside. Very impressive skills Paul!

## VEGETABLE GARDEN

**PLOTS:** - The new gardens are now completed and the residents have planted their winter crops. We are happy with the new layout and hope that the gardeners are also. I would like to take this opportunity to thank Jeff Ede and Barry Gaylard for their help in making some serious decisions at the planning stage. It was not easy. It was great working with you.

We also thank the builders, Mitch and True (Mr T) for their efficiency and their expertise. For the help we received from the men on shovels, Graham Kelly, Barry Lee, Tim Plank, John De Faye. Thanks also to Sue Ede for the morning tea.

I would also like to thank Dennis and Roz Percy for their donation of a lovely seat. There are two empty plots available. Anybody who wants one of these gardens, please ring Carole Condor on Phone: 5443551

(Residents' Committee Representative)



Vege Garden

### SULTANA LOAF RECIPE

- 250g butter, cubed
- 280g sugar (½ white, ½ brown)
- 280g flour
- 450g sultanas
- 3 large eggs
- 1 teaspoon baking powder
- 1 teaspoon mixed spice
- 1 teaspoon cinnamon
- 1 teaspoon vanilla essence
- 1 teaspoon almond essence

### **METHOD:**

1. Preheat oven to 140°C, fan bake. Grease and line a 20cm cake tin.
2. Put the sultanas in saucepan and add just enough water to cover them. Put the lid on, and boil for 5 mins.
3. Strain off the water and add the butter to the fruit. Stir and leave to cool
4. Beat the sugar, eggs and essences until white and creamy, then add the fruit mixture and stir to combine.
5. Add the dry ingredients and fold together gently.
6. Bake for 1 to 1½ hours, depending on your oven. Allow to cool in the pan for 5 minutes, before turning out onto a wire rack to cool completely.
7. ENJOY!



### ANZAC DAY PHOTOS



Thank you to our Kitchen volunteers.

- ✓ Another successful ANZAC day here at the Village. Beautiful weather for the flag pole ceremony, as always. Thank you all for coming! Wonderful numbers.



### HAPPY BIRTHDAY IN MAY TO:

Kevin Grice, Dennis Percy, Ruth Brown, Nora Pronk, Valda Benfell, Jan Howan, Dan Dougherty, Cushla Gerring, Deidre Wilson, Paul Andrews, Rena Myers and Dorothy Brady.

### Volunteer Weekend Hosts:

Remember new volunteers are always welcome (there is a criteria). Our next meeting is to be held in the Library on **Tuesday 21<sup>st</sup> June at 10.30 am.** Any questions, please just phone Katrina at the office on 07 5445553. Thank you to you all.

### OHAUITI FOUR SQUARE DELIVERIES:

Ohauiti Four Square ARE UNABLE TO MAKE DELIVERIES AT THE MOMENT. This is due to a shortage of staff.

They will resume services when they are able. Please phone them directly on 07 544 4077 if you have any queries.



## RESIDENT SPOTLIGHT ...

### ROZ PERCY

#### Nearly



Walking on the beach  
at Okarito,  
I saw Keri Hulme  
Sitting by the river that was  
Flowing with the tide into the estuary.  
Battered hat upon her frizzled hair,  
Pipe stuck out beneath a dropping  
brim.  
Perhaps a work in progress on her  
mind,  
Or dreaming of successful whitebait  
runs.  
Not wanting to intrude I turned away  
And combed the windswept beach  
for stones  
Shaped by their journey to the sea,  
Ground smooth by glaciers, rolled  
down rivers  
Thick with milky stone-dust slurry.  
Turning back, I dared to walk her way,  
To say giddy to Okarito's muse.  
Not intruding, just a passing Hi!  
I laughed out loud as I approached.  
The one I'd thought to leave in peace  
Became a cairn of wood and stone.

## THE RESIDENTS' COMMITTEE:

### PART 2. Peg Cummins.

It will be obvious to most of you what the various committee members do but in case anyone is wondering, here is a rundown. The Chairperson chairs the monthly meetings and liaises with Management about matters of concern. It is also their task to MC Mix and Mingle, speak on behalf of the residents on special occasions and to chair the Residents' AGM. On this occasion they will also present their report, outlining what the committee has done during the year.

The Vice Chairperson deputise for the Chairperson when required. The Immediate Past Chairperson can also deputise for the Chairperson.

The Secretary records the minutes of meetings and gives a copy to committee members, placing one in the library as well. They receive and answer the correspondence, having discussed the matter with the committee first. There is also a lot for the Secretary to do at the time of the AGM with the distribution of material, recording of proxies and informing members of nominations to the committee.

The Treasurer is in charge of the finances. This is a task that requires the collecting and banking of money and the keeping of records to ensure that people know how money is being collected and spent. This person is responsible for collecting membership fees and they ensure that any surplus funds are used because the committee is a non-profit organisation.

The Almoner takes care of the social side of things, sending out birthday cards and gifts for special occasions. They also send get-well cards and, when required, flowers to the bereaved. At present the Almoner's job is undertaken by two people with the second person delivering the cards. The person responsible for the kitchen ensures the supplies for residents' needs such as cheese and biscuits, salt and pepper and tomato sauce are available as needed. They also ensure that people are ready to help in the kitchen when required. One person is also responsible for organising the raffles. These include the weekly raffles and Easter and Christmas raffles. They also ensure

that people are available to sell tickets. Committee members also organise the golf cart transport roster.

One committee member is in charge of making sure the Bar is supplied with drinks and the men on the committee usually undertake BBQ duties.

All committee members take responsibility for helping with special events such as setting up for the monthly dinner and clearing up afterwards. They also ensure that the centre is left clean and tidy after Mix and Mingle and other events.

If any of you have a concern you are welcome to approach any member of the Residents' Committee and they will take your concern to the Committee and deal with it.



### **Carmel Residents' Committee Secretary Notes:**

The Carmel Residents' Committee Meeting for May was held on May 12th.

- 1) Catered dinners are to be served as a Buffet. Due to the rise in Covid cases within the Village, the wearing of face masks and social distancing is encouraged.
- 2) Jason joined the meeting and was thanked for the Fish & Chips shout. It was a great success.
- 3) Jason will arrange for the Electrician to check and replace street lights that are not working around the Village.
- 4) Management are monitoring the increase of Covid cases within the village on a day to day basis.

### **GENERAL BUSINESS:**

The Carmel Singers are giving a Concert here on Sunday 10th July.

Carole Conder provided a copy of the Garden plan for the Committee files.

MATARIKI DAY: Vivienne MacDonald presented ideas for informing everyone and celebrating Matariki.

**New Constitution:** The Special AGM is on Thursday 26<sup>th</sup> May. Questions regarding the position of Vice Chairperson are not included.

The May Minutes of this meeting will be posted in the Library

Any questions, please phone Jan Garrett on Telephone: Mobile 021 2942934

### **Jan Garrett (U39) CHECK OUT THE HAPPENINGS.**

### **COVID 19 WELLBEING TIPS:**

What can I do to keep myself healthy during the COVID-19 outbreak?

Proper nutrition and hydration are vital. People who eat a well-balanced diet tend to be healthier with stronger immune systems and lower risk of chronic illnesses and infectious diseases. So you should eat a variety of fresh and unprocessed foods every day to get the vitamins, minerals, dietary fibre, protein and antioxidants your body needs. Drink enough water, keep warm and rested while you are recovering.



## MANAGEMENT CONTACTS

Office and Community Centre  
 Katrina Goldie/Lisa Wales 07 544 5553  
[office@carmel.co.nz](mailto:office@carmel.co.nz)

Jason and Sharlene Rowling  
 027 472 7658 (Jason)

## REGULAR CARMEL EVENTS

<b>Every Monday</b>	10.00am	Carmel Singers
Monday	1.00 pm	Indoor Bowls (names in by 12.50 pm)
Monday	1.00 pm	Rummikub
Monday	7.00 pm	Cards (500)
1 <sup>st</sup> & 3 <sup>rd</sup> Monday in month	10.00am	Bible Discussion in the Library
1 <sup>st</sup> , 3 <sup>rd</sup> , 5 <sup>th</sup> Monday in the month	1.30 pm	Carmel Knitters and Craft
<b>Every Tuesday</b>	1.00pm	Bolivia – Cards
Tuesday	1.30pm	Petanque
Tuesday	2.00pm	Men’s Croquet
2 <sup>nd</sup> Tuesday in the month	10.00am	Residents’ Morning Tea
3 <sup>rd</sup> Tuesday in the month	1.00pm	Bingo
4 <sup>th</sup> Tuesday in the month	10.00am	Garden Lovers
<b>Every Wednesday</b>	8.30am	Village Bus Departs for Bayfair (2 trips)
Wednesday	9.00am	Keep Your Feet Strength and Balance
Wednesday	9.00am	Outdoor Bowls (names in by 8.50am)
Wednesday	9.30am	Golf Croquet
Wednesday	1.30pm	Mah-jong
Wednesday	1.30pm	Cards
Wednesday	1.30pm	Table Tennis
Wednesday	4.00pm	Men’s Social Hour
<b>Every Thursday</b>	10.00am	Health Clinic in Doctors Room
Thursday	1.00pm	Rummikub and Scrabble
Thursday	1.00pm	Adult Colouring In
Thursday	1.15pm	Indoor Bowls (names in by 12.50pm)
Thursday	1.30pm	Petanque
1 <sup>st</sup> Thursday in the month	6.45pm	Quiz night
3 <sup>rd</sup> Thursday in the month	9.45am	Red Hat Dames
<b>Every Friday</b>	9.00am	Outdoor Bowls (names in by 8.50am)
Friday	9.30am	Golf Croquet
Friday	1.00pm	Hobby Group
Friday	4.30 pm	Mix and Mingle
Last Friday in the month	8.45am	Village bus departs for The Lakes
<b>Every Saturday in the month</b>	9.30am	Exercise Class
Saturday	1.00pm	Bolivia
<b>Every Sunday</b>	11.00am	Carmel Community Church
1 <sup>st</sup> Sunday in the month	1.30pm	Tauranga Organ and Keyboard Club
3 <sup>rd</sup> Sunday in the month	4.00pm	Movies in the Centre
Every Thursday	8.30am	Hair Salon – Glenys ring Carmel office
Every Wednesday	8.30am	Hair Salon – Debi ring Carmel office



Carmel Radio Continuous FM 107.3