

#### From Jason's Desk

#### Issue 259 September 2024

#### **Dear Residents**,

With only four months until Christmas, the busy season is just around the corner. Trimming, planting, weed spraying etc is already starting to ramp up with the spring weather spurring on new growth around the Village. This gives me a great opportunity to personally thank all residents who have put so much time and effort into their gardens. They are beautiful and a real show piece around the village. So, thank you, keep up the hard work and enjoy your lovely gardens.

Our AGM went very well this year; thank you to all residents that could make it and participated with constructive input.

We have just had the front and pedestrian gates cleaned, sanded, and repainted. This has really sharpened up our front entrances.

The village van has just returned from having a refresh, including a new paint job. New decals will be installed soon, and we are also looking at ways to maximise storage for shopping bags and walkers.

The new craft room is very popular, and numbers are growing which is so good to see. The room is being reorganised to create more space to try and accommodate as many residents as we can. I want to thank Susan Batchelor and Tony Martin, and all the ladies who have put so much effort into making the Arts and Crafts Room a fantastic space.

A couple of weeks ago I was able to escape down South with Jack, Jesse and my brother Todd to go hunting. Both Jack and Jesse shot their first Bull Tahr, so they were really stoked. It was a rainy day, and we got soaked, but it all just seemed to disappear with all the excitement. We



were lucky enough to stay down a bit longer and catch a few salmon and trout in the Twizel canals. It was a lot of fun, but quite hard, as the water levels were extremely low in all the lakes. They will have a real problem on their hands if the rain doesn't come soon.

Have a great month ahead, take care, stay safe and look after each other.

Warmest regards,

### Jason & Sharlene

## HAPPY BIRTHDAY IN SEPTEMBER

(Management value your privacy, if you do not wish your Birthday to be acknowledged, please just let the office know)

John Nesbit, Chris Camenzind, Jeanette Haskell, Sue Barnard, Vivienne MacDonald, Dawn Reid, Susan Batchelor, Robin Thurston, Dawn Roe, Jack Rowling, Barbara Peters, Mary Stowell, Jan Korstanje, Alison James, Joan Gestro, Warren Wilson, Nancy Clark, Adrian van Noppen, and Maureen Wright.



## COMMUNITY GARDENS

I would like to thank the wonderful Garden Committee for everything they have done for the Village over the years. Carole Condor, Barry Gaylard and Jeff Ede have done a fantastic job.

Moving forward, Sarah Gardyne will be taking over the organisation of the garden plots. If you have a garden plot that you are no longer using, please let Sarah know. Please don't give it to another resident as there is a waiting list in place.

If you do not currently have a garden plot, please call or pop in to see Sarah to be added to the waiting list.

Happy gardening!

# WAIPUNA HOSPICE CHARITY SHOP

We offer a free collection service (NOT CLOTHES) in the community for anyone who would like to donate items to Waipuna Hospice Charity Shops.

Clothes must be dropped into a Hospice Shop or the Depot at Fraser Cove.

Thank you for your support. All goods donated help provide funds to support people in our community with life-limiting illness.

FREEPHONE 07 2811755 for a free pick-up



(PLEASE LEAVE A MESSAGE AND PHONE NUMBER)

# RATES REBATE

The first lot of paperwork was submitted to the council on Tuesday 3<sup>rd</sup> September.

If you still wish to submit your application and are yet to hand your completed forms into the office, the second lot will be submitted in the first week of November. Please ensure the applications are returned to the office no later than Thursday, 31<sup>st</sup> October.

After this final date, if you have not supplied your rates rebates forms to the office, you will need to submit these to the Council yourself.



# CARMEL GALA DAY

# Saturday, October 12th

Gala Day preparations are well under way. Thank you to Sue Ede and Sarah for organising and to all the residents who have put their hand up to make items, donate items or offer their time to help. The Carmel team are very grateful.

### **Donations**

If you would like to help raise money for charity by making or supplying any items for the Gala Day stalls please contact the following residents.

### Cake and Produce Stall

Baking, preserves, produce etc. Please contact: Wills Kelly on 549 2255

### Bric-a-brac

If you have any small household items (Excluding clothing) that you would like to donate, please contact: Audrey Perrett – 027 655 7116 Jan Gibson – 021376262 Jeanette Haskell - 021579314

### **Volunteers**

We are also looking for volunteers to help with hosting duties and security for a period of time between 10am – 2pm on the day.

Please contact Sue Ede on 021 322 849 if you wish to help or would like more information on what is required.

### Paper and Plastic Bags

If you have any clean paper or plastic bags that are no longer required, we kindly ask that you please drop them into the office.

Any donations or help will be very much appreciated.

## FREE SHOPPING TROLLEY

If you would like this shopping trolley that was kindly donated by a fellow resident, please pop into the office. First in first served.



# HEALTH AND SAFETY

Security cameras are now located at the front entrance of the Village, inside the reception area of the Community Centre and upstairs where the Apartments are located. They operate 24 hours a day, seven days a week.

Our gates open at 6.00am and close at 7.00pm

Please remember we have new workshop rules and strict workshop machinery induction requirements. All residents, including their family and friends, must read the notices in the workshop and sign the register before using the space.

The workshop is available for use between the hours of: <u>Thursday - Tuesday:</u> <u>9.00am - 5.00pm</u> <u>Wednesday: 9.00am – 12.00pm</u>



# VILLAGE GARDENS

Spring is here, and it is very noticeable around the village. It is wonderful to see an abundance of fruit and growth.

Please remember, if you would like fruit or cuttings from another resident's garden, to ask that resident's permission first.



# CARMEL UMBRELLAS

If you have borrowed a Carmel umbrella, please return it to the office.

Thank you.

# HAIRDRESSERS

Our fabulous hairdressers are available twice a week. <u>Wednesday</u> Debi – 027 5413 323 <u>Thursday</u> Glenys – 027 5753 384



# ST JOHN MEDICAL ALARM HEALTH AND SAFETY

We would like to remind you that if someone in your household falls, **please press your St John Medical Alarm straight away, then make sure the resident is warm and comfortable**. For the safety of the resident, please do NOT go to your neighbours for help to get the person up, the ambulance staff are trained to do this, and they assess the person for any injuries they might have sustained.

On that note, we would like to kindly remind all residents that it is a good idea to wear your St John Medical Alarm at all times, including in the shower. This is particularly important for those who live on their own. The only time you need to take your alarm off is if you are going away, in which case, you can leave it at home.

If the fall takes place on a weekday, St John will contact the office and staff may be sent to you, but on weekends this does not apply.

If you have any cause for concern and need to call the police for any reason, you can push your St John <u>Medical Alarm.</u> When they contact you let the dispatcher know that you would like to be connected to the police.



# GARDEN CIRCLE SNIPPETS

NO MORE GARDEN POTS ARE NEEDED – MANY THANKS TO ALL THOSE WHO KINDLY DONATED.

We jumped through puddles to attend the August meeting on a very wet morning – great rain for the gardens – a damp morning for us, but there were no dampened spirits in the sunroom. The conversation was, as always, very lively especially when Gala Day questions arose. Do we think our group is up to speed with our organisation – OF COURSE WE DO! Courtyards, patios, sunrooms and even kitchen tables are filling up with plant cuttings quietly making growth. Time is certainly slipping towards an exciting day on Saturday, 12<sup>th</sup> October.

"Knowledge is knowing that tomato is a fruit. Wisdom is not putting it in a fruit salad." - Miles Kington

Brenda Gaylard August 2024



# **MAINTENANCE**

Don't forget, if you have any issues around your home that you think may need attending to, please let the office know so we can check in the first instance and book a contractor if needed.

If you require urgent maintenance assistance after hours:

Please contact Jason in the first instance on **027 4727 658** or Chris on **021 1678 309**. If Jason or Chris are not available, please contact our contractors:

> <u>Plumber:</u> Adam - 022 1706916

<u>Electrician:</u> Glen – 027 4826637

<u>Locksmith:</u> Justin – 027 922 0023

<u>Heat pump:</u> Switch Electrical – 571 3429







## **PODIATRIST**

Our Podiatrist, Dr Angela Brenton-Rule from Vital Feet Podiatry Services will be on site once every six weeks. Please see details below:

> **Cost: \$56 inc GST.** Cash or Eftpos accepted.

> > 2024 Visit Dates are: 16 October 27 November

To secure your appointment, please call: 07 571 2233 or email info@vitalfeetpodiatry.co.nz

Angela has extensive experience and knowledge in caring for older feet. Vital Feet Podiatry has been providing podiatry services exclusively to retirement villages and aged care facilities since 2015.

## WELCOME BAY HOT POOLS

Welcome Bay Hot Pools are pleased to offer a special discount for groups of 10 or more if Carmel Country Estate Residents wish to organise a group visit to the pools.

Whilst a visit can simply be a time to enjoy the warm waters, they can also arrange light activities, such as aqua aerobics, on request.

Please contact: 07 544 2327 <u>www.welcomebayhotpools.co.nz</u> info@welcomebayhotpools.co.nz

## ARTS AND CRAFTS STUDIO

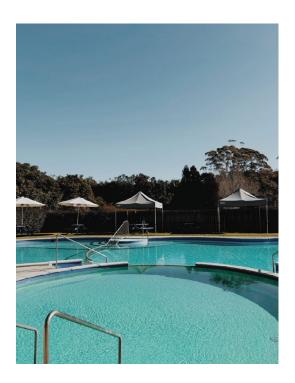
#### WEDNESDAY WORKSHOP – 1:00PM 18 September

Clay at the Village. Come and join in the fun. Have a go or join us to observe and have a cuppa. Painting, charcoal drawings, pottery, and much more.

#### ROAD TRIP - 15 September

Clay Day at the pottery studio to make items for the upcoming Gala Day. Please let Sue know if you are interested in joining, so transport can be organised. Phone 0272558151.







## GAMES FACILITES

Please remember that a <u>Resident must</u> <u>be present</u> with family members and friends while using any Carmel facilities such as playing pool, table tennis or using the gym.

Children are allowed to play pool or table tennis provided they can use the facilities correctly to prevent damage.

Children under the age of 10 are not permitted to use the gym. Children between the ages of 10-15 are permitted to use the gym with the supervision of a qualified fitness or sports instructor.

A reminder that all rules are located by the pool table, table tennis table, and in the gym. Please respect others and the facilities. They are there for everyone to enjoy.

Thank you for your understanding.

## WAIPUNA HOSPICE CALENDARS

If you are interested in supporting Waipuna Hospice, by purchasing one of their fabulous diaries or calendars, please see the information in the Library.

## <mark>LIBRARY NEWSPAPERS</mark>

Please do not tear anything out of the newspapers in the Library, they are for all to enjoy. If you would like to photocopy a page, please see the office team. All old newspapers are donated and put to good use at the SPCA after two weeks.

## <u>ST JOHN AMBULANCE</u>

We kindly ask that residents please be mindful when an ambulance arrives to help a fellow resident, to leave it to the professionals and staff to look after the resident's best interests and care at the time. If you have any concerns, please contact the office.



# CARMEL COMMUNITY CHURCH

You are warmly invited to the: LADIES HIGH MORNING TEA

<u>Thursday, 26<sup>th</sup> September.</u> <u>10.30am – 11.30am</u> Carmel Community Centre

#### Programme:

A Reflective Thought Encouraging Activity

#### Contacts:

Margaret Foster – 027 406 1846 Janet McCutchan – 027 2648 555 Jean Crane – 022 1904 105





### **MANAGEMENT CONTACTS**

Office and Community Centre Darice Hubbard or Sarah Gardyne 07 544 5553 office@carmel.co.nz Jason Rowling 0274727658

### **REGULAR CARMEL EVENTS**

Every Monday	10.00am	Carmel Singers
Monday	1.00 pm	Indoor Bowls (names in by 12.50 pm)
Monday	1.00 pm	Rummikub
Monday	1.00 pm	Carmel Knitters
Every Tuesday	1.00pm	Bolivia – Cards
Tuesday	2.00pm	Men's Croquet
2 <sup>nd</sup> Tuesday in the month	10.00am	Residents' Morning Tea
3 <sup>rd</sup> Tuesday in the month	1.00pm	Bingo
4 <sup>th</sup> Tuesday in the month	10.00am	Garden Lovers
Every Wednesday	8.45 am	Village Bus Departs for The Crossing
Wednesday	9.00am	Outdoor Bowls (names in by 8.50am)
Wednesday	9.15am	Strength and Balance Class
Wednesday/Thursday	9.30am	Golf Croquet
Wednesday	1.00pm	Arts and Crafts Workshop
Wednesday	1.15pm	Mah-jong
Wednesday	1.00pm	500 Card Game
Wednesday	4.00pm	Men's Social Hour
Every Thursday	10.00am	Health Clinic in Doctors Room
Thursday	1.00pm	Rummikub and Scrabble
Thursday	1.00pm	Adult Colouring In
Thursday	1.00pm	Indoor Bowls (names in by 12.50pm)
1 <sup>st</sup> Thursday in the month	6.45pm	Quiz night
3 <sup>rd</sup> Thursday in the month	10.15am	Carmel Lunch Club
4 <sup>th</sup> Thursday in the month	10.30am	Carmel Community Church Ladies
-		Morning Tea
Every Friday	9.00am	Outdoor Bowls (Names in by 8.50am)
Friday	9.30am	Golf Croquet
Friday	1.00pm	Hobby Group
Friday	4.00 pm	Mix and Mingle
Last Friday in the month	8.30am	Village bus departs for Bayfair
-		(twice per month)
Every Saturday in the month	9.30am	Exercise Class
Saturday	1.00pm	Bolivia
Every Sunday	11.00am	Carmel Community Church
1 <sup>st</sup> Sunday in the month	1.30pm	Tauranga Organ and Keyboard Club
Every Thursday	8.30am	Hair Salon – Glenys – 027 5753 384
Every Wednesday	8.30am	Hair Salon – Debi - 027 5413 323
Tuesday – Saturday by appointment	<u>,</u>	Beauty Salon – Christine 021 02635169

