



# CARMEL VILLAGE HERALD

**From Jason's Desk**

**Issue 276 April 2026**

Dear Residents,

Change is in the air as we move into the cooler months. The end of daylight-saving marks the shift into the new season and the gradual slowdown of growth in our gardens. With a perfect balance of warmth and rain, our gardens have been thriving and growing at pace since the start of the year. Our gardening team have been working hard to combat the growth as they make their way through the Village, they will tend to your garden as soon as possible.

It has been a busy and productive time around the village, with a significant amount of work completed on our rock walls. Our contractors have been working tirelessly to carry out these repairs, and we thank them for their efforts, along with our residents for their patience while this important work was completed.

We recently held our flu vaccination day, which was a well-run and successful event. A sincere thank you to the team for their organisation and care in ensuring everything went so smoothly. It is wonderful that we are able to offer this within the Village, making it accessible and convenient for all residents.

It is lovely to see residents out and about, enjoying the village and spending time with one another. Carmel remains a special place to live; thanks to both our beautiful surroundings and the strong sense of community we enjoy.

If you have a friend or family member considering a visit to Carmel, please let Sarah know so she can add you to the referral list. Should they go on to join the Village, you'll receive a \$1,000 referral reward as a sincere thank you from Carmel.

As always, please remember our team are here to help, and my door is always open if you would like to have a chat or discuss anything.

Warmest regards,

*Jason & Sharlene*

# **MANAGEMENT CONTACTS**

Village Owner/Operator

**Jason Rowling**

027 4727 658

jason@carmel.co.nz

**Office and Community Centre:**

Darice Hubbard and Sarah Gardyne

07 544 5553

office@carmel.co.nz

## **HAPPY BIRTHDAY IN APRIL**

(Management value your privacy, if you do not wish your Birthday to be acknowledged, please just let the office know)

**Bev Robinson, Terry Kerrigan, Elizabeth Whyte, Wills Kelly, Margaret Ogilvie, Gillian Frolich, Lorna Imms, Marie Abbott, Terry Kehely, Suze Fox, Quinton Dace, Gaye Wilson, Janice Barnard, Alison Ede, Lyn Heyes, Heather Waldron, Chris Stokes, Diana Harkness, Barry Gaylard, and Jan Nesbit.**

*Happy  
Birthday*

## **COMMITTEE BLOG - APRIL 2026**

Greetings All.

Committee meetings have been somewhat thinly attended for the last few months with various members being away. With the summer holiday season drawing to a close, we will soon be back to a full house. That being said, we have still managed to get through a lot of business.

An important change coming up is that the monthly Catered Dinner will be held on Sundays starting in May. The reason being that our caterer, Daniel, runs a fairly large commercial catering business and is at his busiest on Fridays and Saturdays. We have informally canvassed other caterers and no-one can match his per-person rate. As you will be aware, Don has mentioned this at recent Happy Hours and has had no negative feedback, so it will be Sundays as from May.

The programme for the monthly Morning Teas is booked until September with a lot of interesting talks coming up. Following the visit from the kids from Greenpark School last year and the very positive comments from you, the Committee is looking to book periodic musical entertainment for morning/afternoon/evening events. This is still in the early stages so hopefully there will be more news next month.

In order to spread the workload of the Committee, we have co-opted Janet Clark and Kay Ryder, who have both expressed an interest in getting involved. Thanks to Janet and Kay.

Regards,

Quinton

## **MAINTENANCE**

Don't forget, if you have any issues around your home that you think may need attending to, please let the office know so we can check it in the first instance and book a contractor if needed.

### **If you require urgent maintenance assistance after hours:**

Please contact Jason in  
the first instance on **027 4727 658**  
or Chrissy on **021 1678 309**.

If Jason or Chrissy are not available, please contact our contractors:

#### **Plumber:**

**Master Plumb – 07 579 5997**  
**Adam – 022 170 6916**

#### **Electrician:**

**Glen – 027 482 6637**

#### **Locksmith:**

**Justin – 027 922 0023**

#### **Heat Pump:**

**Switch Electrical – 571 3429**

#### **Garage Doors:**

**Lifestyle Doors – 027 449 2826**

## **THESE CHARITY SHOPS ARE IN YOUR NEIGHBOURHOOD!**

### **VINNIES DONATIONS:**

**578 3814**

### **SALVATION ARMY:**

**578 4264**

### **WAIPUNA HOSPICE:**

**07 2811755**

### **RED CROSS: 578 2683**

We offer a collection service in the community for anyone who would like to donate items for Charity.

Thank you for your support, all goods donated help provide funds to support people in need.

**Please phone these charities for a free pick-up**



**RESIDENTS  
CATERED DINNER**

# **RETRO**

**Cost Per Person \$37**

**SATURDAY 18 APRIL**

**Bar Opens 5:00pm**  
(No Bar Tab Sales Tonight)

**DINNER SERVED AT 6:00pm**

**Please Pay Online:**

**Carmel Country Estate Residents' Association**  
**Account Number: 38 9027 0029939 00**

**Or Cash To:**

**Pam Hughes - Unit 41**  
**Cash in envelope with Name & Unit Number**

**By 4:00pm Wednesday 15 April**

**Please advise any dietary requirements**

## **FIRST MORTGAGE TRUST TRIPLES BOWLING TOURNAMENT**

The Carmel Team, consisting of John Nesbit, Jeff Ede, and Charlie Camenzind placed fourth in the recent First Mortgage Trust Triples Bowling Tournament.

Well done team, we hope it was an enjoyable event.



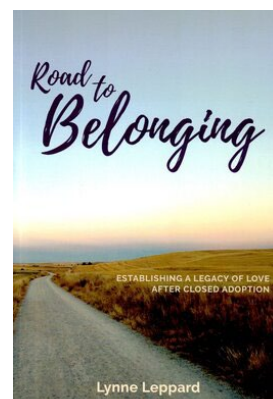
## **RESIDENTS' MORNING TEA**

**Tuesday, 14 April 2026**

**10.00am**

**The Carmel Community Centre**

**Guest Speaker: Lynne Leppard**



Road to Belonging – This book shares Lynne’s personal journey of navigating foster care, closed adoption, and the search for her birth parents, while balancing loyalty to her adoptive family. It is described as a poignant, heartwarming, and vulnerable account of finding identity, security, and belonging.

This is a must as adoptions were so common years ago and many people know someone touched by its ripple effects, especially in the over 50 age group.

**Please bring along some goodies to share with your cuppa or coffee.**

## CARMEL ARTISTS

**What:**

Tuition in painting and drawing

**When:**

Every Monday, 1:00pm to 3:00pm.

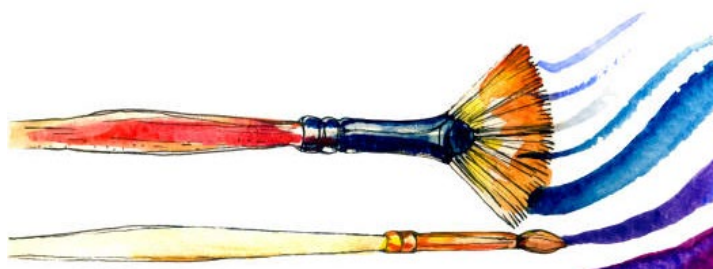
**Location:**

The Art and Craft room

**Tutor:**

Joan Gestro - 027 322 0342

Watch this space. The Carmel Artists will host their first exhibition in a few months' time.



## VOLUNTEER

Our helpful volunteer Reuben is available to assist with jobs around your home.

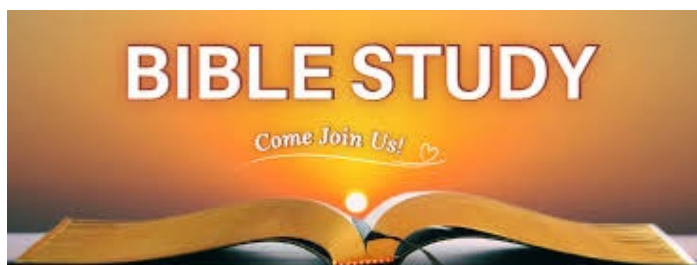
Please call the office to add your job request to his list, the office team will advise you if your request is a task he can help with.

## CARMEL COUNTRY BIBLE STUDY

Bible study in the Carmel Sunroom on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of every month.

10am – 11am.

Please don't hesitate to invite new people to the group.



## ST JOHN MEDICAL ALARMS

Reminder – if your pendant breaks or you want to change it from a necklace to a bracelet or the other way around, or your family are going away and you need to change who your first contact person is, please let the office know so that the team can inform St John by submitting the relevant form.

Please do not contact  
St John directly.

## **GARDEN CIRCLE SNIPPETS – MARCH 2026**

A bright burst of colour greeted the CCE gardening group at Mitre 10 where we held our March meeting. There is absolutely no doubt that the quality of their plants is outstanding, and it is always a pleasure to shop there. The morning tea was a bonus, making it a very pleasant outing. Thanks to our drivers – Chrissy, Anna and Shona.

- ❖ **INDOOR PLANTS** – as the days shorten your indoor plants are ready to hit the brakes and growth will slow down. To keep them happy, ease off the watering – always do the finger test first to check whether soil is dry, as soggy roots will rot. STOP liquid feeding now as your plants deserve a well-earned rest. Shift your sun-lovers closer to the glass for that precious light and wipe down leaves with a soft, damp cloth.
- ❖ We all know the benefits of coffee grounds in the garden but here is another tip. Place a coffee filter at the bottom of your pots to keep the soil from draining out the drainage holes with the water. It saves soil and keeps the area around your plants clean.

*Gardening is a “**GRAND TEACHER” OF PATIENCE**” - Anon*

**Brenda Gaylard**



### **TRANSPORT**

If you no longer drive and require transport to medical related appointments, please contact:

**Tauranga St John Health Shuttle on  
0800 824 325**

Usually, they require 24 hours' notice. If this service, or family and friends cannot assist you, please contact the office and if available Carmel can provide transport for \$20 per return trip.



## **ST JOHN MEDICAL ALARM**

We would like to remind you that if someone in your household falls, **please press your St John Medical Alarm straight away, then make sure the resident is warm and comfortable.** For their safety, please do not pick the person up as they may have injuries that are not visible. The paramedics will assess the person for any injuries they might have sustained and are trained to lift the person without causing further harm.

If you are on your own, please press your St John Medical Alarm first. If you can hear anyone outside your villa, alert them to your situation.

We would like to kindly remind all residents to wear your St John Medical Alarm at all times, including in the shower. This is particularly important for those who live on their own. The only time you need to take your alarm off is if you are going away, in which case, you can leave it at home.

If you activate your alarm on a weekday, St John will contact the office and staff may be sent to you, but after hours and on weekends this does not apply.

If someone in your household is able, pack a small bag that includes your house keys to take with you.

**If you have any cause for concern and need to call the police for any reason, you can push your St John Medical Alarm.**

**When they contact you, let the dispatcher know that you would like to be connected to the police.**

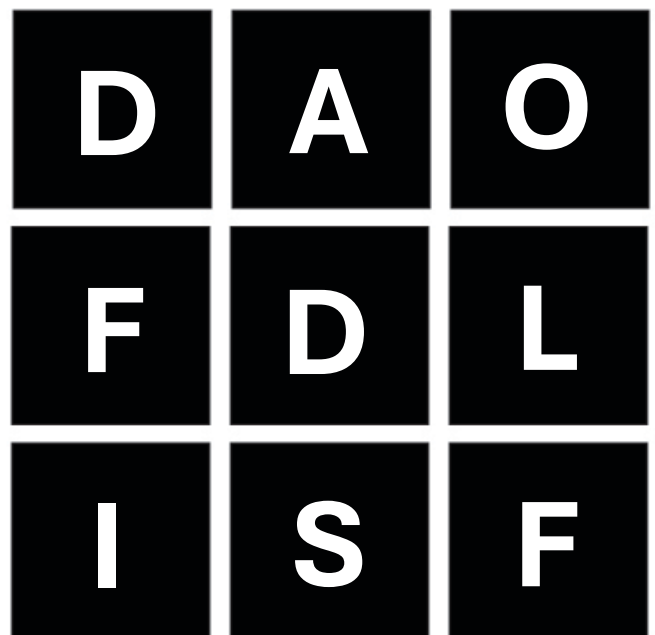
### **CARMEL WORD SCRAMBLE**

Try solving the Carmel word scramble. Use all nine letters to create one word.

The answer will be printed in the next newsletter.

March answer: CABINTRY

Goodluck!



## **CARMEL WORKSHOP**

Please remember we have workshop rules and strict workshop machinery induction requirements.

**All residents, including their family and friends must complete an induction before using the workshop.** Please contact Terry Kehely or Ces Steele for your Induction. Please read the notices in the workshop and sign the register when using the space after your induction.

When using these facilities, please make sure you sign the Health and Safety Register, clean up, and turn the lights off when you leave.

**The Workshop is open for use between the hours of:**

**Monday - Tuesday: 9.00am - 5.00pm**

**Wednesday: 9.00am – 12.00pm**

**Thursday – Sunday: 9.00am - 5.00pm**



**Outside of office hours, for your safety, if you are working in the Art and Crafts Room or the Workshop, please make sure there is someone with you, or advise someone about where you will be and when you are expected back.**



## **CARMEL ARTS & CRAFTS ROOM**

**The Carmel Arts and Crafts Room** is available for all residents to use.

If this is your first time using these facilities, please contact the Office before commencing, to complete your Health and Safety Induction.

Please feel free to use this space to work on any projects that bring you joy or pop in at 1.00pm every Wednesday to get to know fellow residents who use this space regularly.

If you have any questions about what you can do in the Arts and Crafts Room, please don't hesitate to talk to the lovely team in the Carmel office.

When using the Arts and Crafts Room, please make sure you sign the Health and Safety Register, clean up when you have finished for the day, and turn the lights and heat pump off when you leave.

Please respect all residents by using these facilities during the following hours:

**The Arts and Crafts Room is open for use:**

**Monday – Sunday**

**9.00am – 5.00pm**

**Arts and Crafts Social Afternoon:**

**Wednesday**

**1.00pm**

## **TRANSPORT TO THE COMMUNITY CENTRE**

If you would like a lift to the Community Centre, please don't hesitate to call the office, we will be very happy to give you a lift for any reason.

Don't hesitate to ask, we are here to help.



## **MOBILE PHYSIOTHERAPY**

If you're recovering from surgery, managing a chronic condition Jacob offers expert physiotherapy services directly to your door or to the Health Room in the Community Centre.

### **Jacob Gregory**

Physiotherapist (NZRPT, BHSci)

Jacob is registered with ACC, he can lodge claims and liaise with your GP or specialist as needed.

**Please phone 021 148 1008  
to make an appointment with  
Jacob.**

### **ACC:**

\$40.00

### **Private Sessions:**

60 minutes - \$120.00

45 minutes - \$100.00

30 minutes - \$85.00

## **CARMEL COMMUNITY CHURCH**

You are warmly invited to the:  
**CARMEL COMMUNITY CHURCH**

## **MID AUTUMN MORNING TEA**

**Theme: Autumn is Proof That Change  
is Beautiful**

**Thursday, 23 April**

**10.30am – 11.30am**

**Carmel Community Centre**

### **Programme:**

A Reflective Thought  
Encouraging Activity

### **Contacts:**

Margaret Foster – 027 406 1846

Janet McCutchan – 027 2648 555

Jean Crane – 022 1904 105

If anyone requires a lift to the meeting,  
please contact Margaret.





## **B.O.P. GROUP OF THE NZ RAILWAY AND LOCOMOTIVE SOCIETY**

Anyone interested in the past and present Kiwi Railway development within NZ are invited to attend the Society's film and discussion evening held every:

3<sup>rd</sup> Monday at Wesley Methodist Church

7.30pm – 9.00pm

Car-pooling can be arranged.

Please contact Terry Kehely, Unit 9 - 027 607 3379

### **NEWSPAPERS, EGG CARTONS, PAPER BAGS WITH HANDLES WANTED**

The Food Bank are requesting the above for eggs and food for the recipients who are needing food parcels, as they head into the busiest time of the year for the food bank.

If you have any you would like to donate, please ring me on 027 406 1846, or put them in the library near the sink, or drop them off at my home:

Villa 77, Lavender Close.

Any donations are very much appreciated. Thank you.

Margaret Foster

### **NEIGHBOURHOOD SUPPORT**

You may notice an elderly gentleman, Keith, walking through our village regularly. Keith has dementia, and his wife, Patricia, may not always be nearby. Patricia has a tracking device for Keith, on her phone, but she is currently unwell.

If you see that Keith has fallen or requires immediate assistance, please **call an ambulance and let the office know. If it is outside of office hours, please let the paramedics know Patricia's contact details.**

Patricia

Address: 10 Golden Heights

Phone: 07 544 0317

Thank you for helping keep our wider community safe.

# **REGULAR CARMEL EVENTS**

<b>Every Monday</b>	10.00am	Carmel Singers
<b>Monday</b>	1.00 pm	Indoor Bowls (names in by 12.50 pm)
<b>Monday</b>	1.00 pm	Rummikub
<b>Monday</b>	1.00 pm	Carmel Knitters
<b>Monday</b>	1.00 pm	Carmel Artists – Painting Tuition
<b>Every Tuesday</b>	1.00pm	Bolivia – Cards
<b>Tuesday</b>	2.00pm	Men’s Croquet
<b>1st &amp; 3rd Tuesday in the month</b>	10.00am	Bible Study
<b>2nd Tuesday in the month</b>	10.00am	Residents’ Morning Tea
<b>3rd Tuesday in the month</b>	1.00pm	Bingo
<b>4th Tuesday in the month</b>	10.00am	Garden Lovers
<b>Every Wednesday</b>	8.45 am	Village Bus Departs for The Crossing
<b>Wednesday</b>	9.00am	Outdoor Bowls (names in by 8.50am)
<b>Wednesday</b>	9.00am	Strength and Balance Class
<b>Wednesday</b>	1.00pm	Arts and Crafts
<b>Wednesday</b>	1.00pm	500 Card Game
<b>Wednesday</b>	1.15pm	Mah-jong
<b>Wednesday</b>	4.00pm	Men’s Social Hour
<b>Every Thursday</b>	9.30am	Croquet
<b>Thursday</b>	10.00am	Health Clinic in Doctors Room
<b>Thursday</b>	1.00pm	Rummikub and Scrabble
<b>Thursday</b>	1.00pm	Adult Colouring In
<b>Thursday</b>	1.00pm	Indoor Bowls (names in by 12.50pm)
<b>1st Thursday in the month</b>	6.45pm	Quiz night
<b>3rd Thursday in the month</b>	10.15am	Carmel Lunch Club
<b>4th Thursday in the month</b>	10.30am	Carmel Community Church Ladies Morning Tea
<b>Every Friday</b>	9.00am	Outdoor Bowls (Names in by 8.50am)
<b>Friday</b>	9.30am	Golf Croquet
<b>Friday</b>	1.00pm	Hobby Group
<b>Friday</b>	1.00pm	500 Card Game
<b>Friday</b>	4.00 pm	Happy Hour
<b>Every 2nd Friday</b>	8.30am	Village bus departs for Bayfair
<b>Every Saturday in the month</b>	9.30am	Exercise Class
<b>Saturday</b>	1.00pm	Bolivia
<b>3rd Saturday in the month</b>	5.00pm	Residents’ Catered Dinner
<b>Various Saturdays &amp; Sundays</b>	As required	Osteopath – by appointment – 027 756 1295
<b>Every Sunday</b>	11.00am	Carmel Community Church
<b>1st Sunday in the month</b>	1.30pm	Tauranga Organ and Keyboard Club
<b>Every Thursday</b>	8.30am	Hair Salon – Glenys – 027 5753 384
<b>Every Wednesday</b>	8.30am	Hair Salon – Debi - 027 5413 323
<b>Tues – Saturday by appointment</b>	8.30am	Beauty Salon – Christine – 02102635169

## PODIATRIST

Our Podiatrist, Grace Senatsi, from Vital Feet Podiatry Services will be on site on the dates listed below.

**Cost: \$60 inc GST.**

Cash or Eftpos accepted.

### 2026 Visit Dates are:

Tuesdays and Wednesdays.

22 April

28 April

3 June

9 June

15 July

21 July

26 Aug

1 Sept

7 Oct

13 Oct

18 Nov

24 Nov

To secure your appointment,  
please call:

**07 571 2233**

or email

**info@vitalfeetpodiatry.co.nz**



**Please note the recent increase in  
cost from \$56 to \$60/visit**

## SECURITY

**The Carmel Country Estate gates automatically  
open at 6.00am and close at 7.00pm.  
Please use the keypad to enter after hours.**

Security cameras are located at various locations around Carmel. They operate 24 hours a day, seven days a week.

Our security team, Nutech, patrol the grounds and Community Centre at undisclosed times throughout the night.

## DRIVING IN THE VILLAGE

Please remember that our roads also serve as walkways. We kindly ask that you keep your speed under 15 km/h and remain mindful of pedestrians who may not see or hear you approaching—particularly with electric vehicles, which can be very quiet.

By taking a little extra care, we can help ensure everyone remains safe and enjoys their time at Carmel.

## CONTRACTORS

Please be mindful of the safety of both our hard-working contractors and yourself.

If a contractor is wearing earmuffs or operating loud machinery, they may not be aware of someone nearby. Approaching without their knowledge can place both you and the contractor at risk of an accident.

If you wish to speak with a contractor while they are working anywhere in the village, please contact the office and we will be happy to arrange for the contractor to get in touch with you.



# ST PATRICK'S CATERED DINNER – MARCH 2026





## **OSTEOPATH AT CARMEL**

Kate has advised us due to world events, her Tauranga family are moving to Christchurch, therefore she will no longer be travelling to Tauranga.

Kate would like to say, thank you for welcoming her to Carmel during her short time here.

## **CARMEL SHOPPING BUS**

The shopping bus departs every Wednesday to go to The Lakes shopping mall, and every fortnight, on Friday, to go to Bayfair shopping mall at:

1<sup>st</sup> Bus – 8.30am

2<sup>nd</sup> Bus – 9.15am

The Mystery Trips depart at 8.45am



## **B.O.P TEAM CLEAN**

Bespoke Cleaning Service.

Jo offers one off cleans and regular home cleaning.  
Contact Jo to discuss your individual requirements.

**Carmel Country Estate Special**  
\$45 per hour (Minimum 1.5 hours)

**Jo Birtwistle – 027 262 0763**

[info@bopteamclean.co.nz](mailto:info@bopteamclean.co.nz)



**B.O.P**  
**TEAM CLEAN**

## **WHEELCHAIR FOR SALE**

Almost new wheelchair in excellent condition.

Lightweight, easy to manoeuvre, and folds for convenient transport and storage. Ideal for short-term recovery or ongoing mobility support.

**Price: \$180.00**

If interested, please contact Sheila Little on 544 7282 for further details.



## **HAIRDRESSERS AT CARMEL**

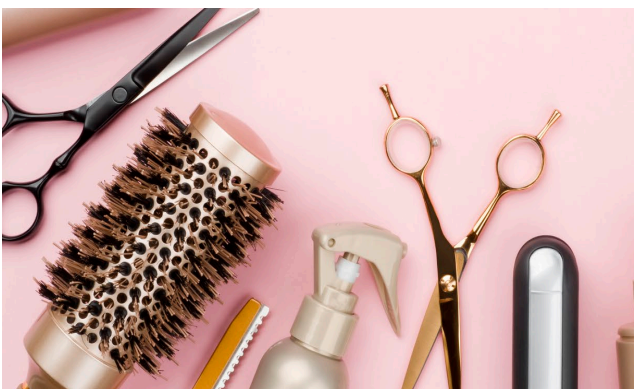
**Friday and overflow day on Wednesday**

Debi – 027 5413 323

**Thursday**

Glenys – 027 5753 384

Please phone to make an appointment.



## **SHOE SHOPPING AT CARMEL**

Murray's coming back!

**Friday, 12<sup>th</sup> June**

**10.00am - 2.00pm**

**Carmel Community Centre**

Shoes and sandals from \$49

**Eftpos Available**

Brands for sale include:

Ecco

Skechers

Ziera

Hush Puppies

Scholl

Revere

Propet



## **PRIVATE MEETINGS**

The Health Room can be used for private meetings. Please phone the Office if you wish to use this room to check when it is available.