



From Jason's Desk

Issue 277 May 2026

Dear Residents,

As we move into the cooler months, there's a lovely change of pace around Carmel, with crisp mornings and sunny afternoons making it a great time to enjoy the village.

You may have noticed the sunroom in the Community Centre has recently been painted in anticipation of the new furniture arriving. We're looking forward to this fresh, updated space coming together, with the furniture now on its way.

We will also be refurbishing the Community Centre kitchen at the end of June. To allow this work to be completed, the kitchen will need to be closed to residents for a short period of time. We will notify you of the exact dates as soon as they are confirmed. We appreciate your understanding while this improvement takes place.

A sincere thank you to everyone who attended our ANZAC Day service. It was a wonderful opportunity to come together as a community to reflect and pay our respects, and it was lovely to see so many residents there sharing in the occasion.



As always, Carmel is not just a place to live, but a place to belong. My door is always open if you would like to have a chat, and our team are here to support you. Thank you for continuing to make Carmel such a wonderful community.

Warmest regards,

Jason & Sharlene

MANAGEMENT CONTACTS

Village Owner/Operator

Jason Rowling

027 4727 658

jason@carmel.co.nz

Office and Community Centre:

Darice Hubbard and Sarah Gardyne

07 544 5553

office@carmel.co.nz

HAPPY BIRTHDAY IN MAY

(Management value your privacy, if you do not wish your Birthday to be acknowledged, please just let the office know)

Kevin Grice, Dennis Percy, Ruth Brown, Pat Wheaton, Sharon McEnteer, Brent Nicholas, Valda Benfell, Jan Howan, Kay Ryder, Cushla Gerring, Jean Dace, Dorothy Brady, and Tom Robinson.

*Happy
Birthday*

COMMITTEE BLOG - MAY 2026

Greetings All.

We are trying out something new. Robyn has arranged a local musician, Ross Mead, to present some musical entertainment. You should have received a flyer announcing this. We are hoping to attract a number of entertainers, so we can make this a regular programme in the future.

Something else new. At the suggestion of a resident, we are going to gauge interest in starting up a Pétanque group. A list will be going up in the library, so add your name if you are interested. We want to stress that this will NOT be exclusively for experienced players, so even if you have not played before, please get involved. There are a number of sets of boules in the storeroom, so don't be put off if you don't have a set.

There are presently three avenues by which notices of upcoming events are communicated to residents, namely flyers, the back page of the Herald and the "Happenings" insert in the Herald. Lately there have been instances of conflicting information between them which has led to confusion. So, we are discontinuing the "Happenings" and encourage you to rely on the Herald and flyers.

Two items for your diary. Carmel Singers will be holding a concert on Sunday, 14 June. These concerts are always enjoyable, so come along and stay for a cup of tea and some biscuits afterwards. The annual Residents' Lunch will be held in the Community Centre on Tuesday, 9 June at 12:30pm, further details will be circulated closer to the time.

Regards,

Quinton

MAINTENANCE

Don't forget, if you have any issues around your home that you think may need attending to, please let the office know so we can check it in the first instance and book a contractor if needed.

If you require urgent maintenance assistance after hours:

Please contact Jason in
the first instance on **027 4727 658**
or Chrissy on **021 1678 309**.

If Jason or Chrissy are not available, please contact our contractors:

Plumber:

Master Plumb – 07 579 5997
Adam – 022 170 6916

Electrician:

Glen – 027 482 6637

Locksmith:

Justin – 027 922 0023

Heat Pump:

Switch Electrical – 571 3429

Garage Doors:

Lifestyle Doors – 027 449 2826

Appliance Repairs:

AAA Appliance Repairs Ltd
Paul Clark - 5440428 or 021 1750 603

THESE CHARITY SHOPS ARE IN YOUR NEIGHBOURHOOD!

VINNIES DONATIONS:

578 3814

SALVATION ARMY:

578 4264

WAIPUNA HOSPICE:

07 2811755

RED CROSS: 578 2683

We offer a collection service in the community for anyone who would like to donate items for Charity.

Thank you for your support, all goods donated help provide funds to support people in need.

Please phone these charities for a free pick-up.



Thank You

Dear Residents and Staff,

Thank you all so very much for being there for me. The willingness to help and the support I have received since the loss of George has been so comforting. The warmth, care, kindness and cards with such meaningful words has meant so much to me during this difficult time.

The compassion from you all for me and my family has been truly appreciated and will not be forgotten. I know my two girls, Jo and Kim are happy that I live in such a caring Village.

Blessings and peace to you all.

Alison Stirling, Unit 125.

VILLAGE HAPPENINGS

To reduce the number notices residents are receiving, the Residents' Committee have decided to stop the Village Happenings for now. All the information about upcoming event and activities is located under the 'Regular Carmel Events' on the back of the Village Herald and some events and activities are also advertised within the Herald.

Donate a sewing machine

Do you have a spare sewing machine?

Let us know! We can find it a new home with a former refugee.

We are looking for sewing machines, scissors, measuring tapes, fabric, thread and pins to give to new New Zealanders.

Machines will find a new home with former refugee families. There are resettlement centres in Auckland, Hamilton, Palmerston North, Levin, Masterton, Wellington, Nelson, Blenheim, Christchurch, Ashburton, Timaru, Dunedin, Invercargill.

Please share this with your family and friends, thank you! —Esmee Rowden & Thalia Kehoe Rowden

To donate machines and sewing gear, please email sewingmachinedonations@gmail.com

or phone Cecily 0274 885 792



CARMEL ARTISTS

What:

Tuition in painting and drawing

When:

Every Monday, 1:00pm to 3:00pm.

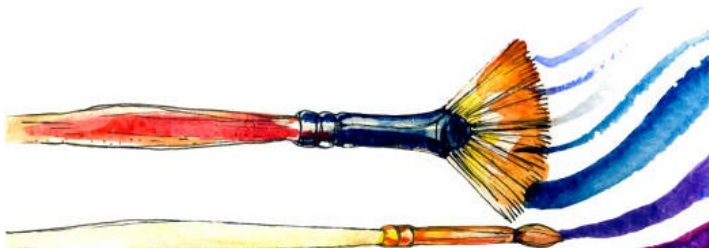
Location:

The Art and Craft room

Tutor:

Joan Gestro - 027 322 0342

Watch this space. The Carmel Artists will host their first exhibition soon.



CARMEL COUNTRY

BIBLE STUDY

Bible study in the Carmel Sunroom on the 1st and 3rd Tuesday of every month.

10am – 11am.

Please don't hesitate to invite new people to the group.



COMMUNITY CENTRE KITCHEN CLOSURE

Please note, the kitchen in the Community Centre will be closed for a short period for refurbishment from the end of June to the beginning of July. We will notify you of the exact dates in the coming weeks.

Please do not enter for any purpose during this time.

We apologise for the inconvenience.



ST JOHN MEDICAL ALARMS

Reminder – if your pendant breaks or you want to change it from a necklace to a bracelet or the other way around, or your family are going away and you need to change who your first contact person is, please let the office know so that the team can inform St John by submitting the relevant form.

**Please do not contact
St John directly.**

GARDEN CIRCLE SNIPPETS – APRIL 2026

The glorious autumn days and the magnificent colours of the trees around the village were the talk of the morning at our last meeting. It was perfect gardening weather for tidying, clipping and cutting back and also for potting up bulbs before the colder weeks of winter arrive. Surprisingly the spring bulbs have popped through the soil and are making very steady growth, perhaps faster than one would expect – IS THIS OUR CLIMATE CHANGE ADVANCING AT A QUICKER RATE THAN WE ANTICIPATED.

- ❖ Saving poppy seeds growing on the plant should be left until the whole plant goes brown – harvest them so that the black seeds inside the pods are completely dry and plant them out again next year. Many seeds from annual flowers will stay dormant in the soil over the cooler months and will germinate when the weather warms up filling gaps in the garden.
- ❖ Over pampering pumpkin plants is a no-no. Water and feed them sparingly and they will reward you with a plentiful crop.

*“I love spring anywhere but if I could choose I would
always greet it in a garden”
- Ruth Stout*

Brenda Gaylard



TRANSPORT

If you no longer drive and require transport to medical related appointments, please contact:

**Tauranga St John Health Shuttle on
0800 824 325**

Usually, they require 24 hours' notice. If this service, or family and friends cannot assist you, please contact the office and if available Carmel can provide transport for \$20 per return trip.



SOAK READING MATERIAL

If anyone has borrowed any reading material from “Soak’s” waiting area, it would be appreciated if that could be returned.

Thank you.

ST JOHN MEDICAL ALARM

We would like to remind you that if someone in your household falls, **please press your St John Medical Alarm straight away, then make sure the resident is warm and comfortable.** For their safety, please do not pick the person up as they may have injuries that are not visible. The paramedics will assess the person for any injuries they might have sustained and are trained to lift the person without causing further harm.

If you are on your own, please press your St John Medical Alarm first. If you can hear anyone outside your villa, alert them to your situation if possible.

We would like to kindly remind all residents to always wear your St John Medical Alarm, including in the shower. This is particularly important for those who live on their own. The only time you need to take your alarm off is if you are going away, in which case, you can leave it at home.

If you activate your alarm on a weekday, St John will contact the office and staff may be sent to you, but after hours and on weekends this does not apply.

If someone in your household is able, pack a small bag that includes your house keys to take with you.

**If you have any cause for concern and need to call the police for any reason,
you can push your St John Medical Alarm.**

When they contact you, let the dispatcher know that you would like to be connected to the police.

CARMEL WORD SCRAMBLE

Try solving the Carmel word scramble. Use all nine letters to create one word.

The answer will be printed in the next newsletter.

April answer: Daffodils

Goodluck!



CARMEL WORKSHOP

Please remember we have workshop rules and strict workshop machinery induction requirements.

All residents, including their family and friends must complete an induction before using the workshop. Please contact Terry Kehely or Ces Steele for your Induction. Please read the notices in the workshop and sign the register when using the space after your induction.

When using these facilities, please make sure you sign the Health and Safety Register, clean up, and turn the lights off when you leave.

The Workshop is open for use between the hours of:

Monday - Tuesday: 9.00am - 5.00pm

Wednesday: 9.00am – 12.00pm

Thursday – Sunday: 9.00am - 5.00pm



Outside of office hours, for your safety, if you are working in the Art and Crafts Room or the Workshop, please make sure there is someone with you, or advise someone about where you will be and when you are expected back.



CARMEL ARTS & CRAFTS ROOM

The Carmel Arts and Crafts Room is available for all residents to use.

If this is your first time using these facilities, please contact the Office before commencing, to complete your Health and Safety Induction.

Please feel free to use this space to work on any projects that bring you joy or pop in at 1.00pm every Wednesday to get to know fellow residents who use this space regularly.

If you have any questions about what you can do in the Arts and Crafts Room, please don't hesitate to talk to the lovely team in the Carmel office.

When using the Arts and Crafts Room, please make sure you sign the Health and Safety Register, clean up when you have finished for the day, and turn the lights and heat pump off when you leave.

Please respect all residents by using these facilities during the following hours:

The Arts and Crafts Room is open for use:

Monday – Sunday

9.00am – 5.00pm

Arts and Crafts Social Afternoon:

Wednesday

1.00pm

TRANSPORT TO THE COMMUNITY CENTRE

If you would like a lift to the Community Centre, please don't hesitate to call the office, we will be very happy to give you a lift for any reason.

Don't hesitate to ask, we are here to help.



MOBILE PHYSIOTHERAPY

If you're recovering from surgery, managing a chronic condition Jacob offers expert physiotherapy services directly to your door or to the Health Room in the Community Centre.

Jacob Gregory

Physiotherapist (NZRPT, BHSci)

Jacob is registered with ACC, he can lodge claims and liaise with your GP or specialist as needed.

**Please phone 021 148 1008
to make an appointment with
Jacob.**

ACC:

\$40.00

Private Sessions:

60 minutes - \$120.00

45 minutes - \$100.00

30 minutes - \$85.00

CARMEL COMMUNITY CHURCH

You are warmly invited to the:
CARMEL COMMUNITY CHURCH

HIGH MORNING TEA

Theme: TIME FOR NEW BEGINNINGS

Thursday, 28 May

10.30am – 11.30am

Carmel Community Centre

Programme:

A Reflective Thought
Encouraging Activity

Contacts:

Margaret Foster – 027 406 1846

Janet McCutchan – 027 2648 555

Jean Crane – 022 1904 105

If anyone requires a lift to the meeting,
please contact Margaret.





ARTS AND CRAFTS ROOM

Holidays are over! – it's time to get back to the Arts and Crafts Room to enjoy the fun, laughter and mischief

Every Wednesday
1.00pm
See you there!



FOR SALE

Electric Lift Recliner Chair

Near new.

\$600

This chair assists in helping you move from a sitting position to a standing position.

Please contact Beryl on
027 241 6834

TAURANGA CITIZEN'S CLUB



Pink Ribbon

Breakfast

Sunday 25th May

In the Restaurant

10am—11.30am

\$23 per person

(\$5 donated to Breast Cancer)

Bookings Essential

**Please put your name on the list in the library
no later than Wednesday, 20th May 2026**

NEWSPAPERS, EGG CARTONS, PAPER BAGS WITH HANDLES WANTED

The Food Bank are requesting the above for eggs and food for the recipients who are needing food parcels, as they head into the busiest time of the year for the food bank.

If you have any you would like to donate, please ring me on 027 406 1846, or put them in the library near the sink, or drop them off at my home:

Villa 77, Lavender Close.

Any donations are very much appreciated. Thank you.

Margaret Foster

REGULAR CARMEL EVENTS

Every Monday	10.00am	Carmel Singers
Monday	1.00 pm	Indoor Bowls (names in by 12.50 pm)
Monday	1.00 pm	Rummikub
Monday	1.00 pm	Carmel Knitters
Monday	1.00 pm	Carmel Artists – Painting Tuition
Every Tuesday	1.00pm	Bolivia – Cards
Tuesday	2.00pm	Men’s Croquet
1st & 3rd Tuesday in the month	10.00am	Bible Study
2nd Tuesday in the month	10.00am	Residents’ Morning Tea
3rd Tuesday in the month	1.00pm	Bingo
4th Tuesday in the month	10.00am	Garden Lovers
Every Wednesday	8.45am	Village Bus Departs for The Crossing
Wednesday	9.00am	Outdoor Bowls (names in by 8.50am)
Wednesday	9.00am	Strength and Balance Class
Wednesday	9.15am	Ladies Croquet
Wednesday	1.00pm	Arts and Crafts
Wednesday	1.00pm	500 Card Game
Wednesday	1.15pm	Mah-jong
Wednesday	4.00pm	Men’s Social Hour
Every Thursday	9.30am	Croquet
Thursday	1.00pm	Rummikub and Scrabble
Thursday	1.00pm	Adult Colouring In
Thursday	1.00pm	Indoor Bowls (names in by 12.50pm)
1st Thursday in the month	6.45pm	Quiz night
3rd Thursday in the month	10.15am	Carmel Lunch Club
4th Thursday in the month	10.30am	Carmel Community Church Ladies Morning Tea
Every Friday	9.00am	Outdoor Bowls (Names in by 8.50am)
Friday	9.30am	Golf Croquet
Friday	1.00pm	Hobby Group
Friday	1.00pm	500 Card Game
Friday	4.00 pm	Happy Hour
Every 2nd Friday	8.30am	Village bus departs for Bayfair
Every 3rd Friday	8.45am	Mystery shopping trip
Every Saturday in the month	9.30am	Exercise Class
Saturday	1.00pm	Bolivia
Every Sunday	11.00am	Carmel Community Church
3rd Sunday in the month	5.00pm	Residents’ Catered Dinner
1st Sunday in the month	1.30pm	Tauranga Organ and Keyboard Club
Every Thursday	8.30am	Hair Salon – Glenys – 027 5753 384
Every Wednesday	8.30am	Hair Salon – Debi - 027 5413 323
Tues – Saturday by appointment	8.30am	Beauty Salon – Christine – 02102635169

PODIATRIST

Our Podiatrist, Grace Senatsi, from Vital Feet Podiatry Services will be on site on the dates listed below.

Cost: \$60 inc GST.

Cash or Eftpos accepted.

2026 Visit Dates are:

Tuesdays and Wednesdays.

3 June

9 June

15 July

21 July

26 Aug

1 Sept

7 Oct

13 Oct

18 Nov

24 Nov

To secure your appointment,

please call:

07 571 2233

or email

info@vitalfeetpodiatry.co.nz



Please note the recent increase in cost from \$56 to \$60/visit

SECURITY

**The Carmel Country Estate gates automatically open at 6.00am and close at 7.00pm.
Please use the keypad to enter after hours.**

Security cameras are located at various locations around Carmel. They operate 24 hours a day, seven days a week.

Our security team, Nutech, patrol the grounds and Community Centre at undisclosed times throughout the night.

DRIVING IN THE VILLAGE

Please remember that our roads also serve as walkways. We kindly ask that you keep your speed under 15 km/h and remain mindful of pedestrians who may not see or hear you approaching—particularly with electric vehicles, which can be very quiet.

By taking a little extra care, we can help ensure everyone remains safe and enjoys their time at Carmel.

CONTRACTORS

Please be mindful of the safety of both our hard-working contractors and yourself.

If a contractor is wearing earmuffs or operating loud machinery, they may not be aware of someone nearby. Approaching without their knowledge can place both you and the contractor at risk of an accident.

If you wish to speak with a contractor while they are working anywhere in the village, please contact the office and we will be happy to arrange for the contractor to get in touch with you.



RETRO CATERED DINNER – APRIL 2026





FAREWELL MORNING TEA

Management warmly invite all Residents to join us in farewelling Nurse Vivienne Stefadouros, who officially retires on Thursday, 14 May after many years of dedicated service and compassionate care to our Residents.

Date: Friday, 29 May 2026

Time: 10:00am

Venue: Community Centre

Please RSVP to the Office on

544 5553 no later than

Monday, 25 May 2026.

We sincerely thank Viv for her commitment, kindness, and support over the years, and wish her every happiness in her retirement.



CARMEL COMMUNITY CHURCH

A Church Service is held in the Community Centre every Sunday at 11.00am followed by a light lunch.

Everyone welcome!

CARMEL SHOPPING BUS

The shopping bus departs every Wednesday to go to The Lakes shopping mall, and every fortnight, on Friday, to go to Bayfair shopping mall at:

1st Bus – 8.30am

2nd Bus – 9.15am

The Mystery Trips depart at 8.45am



DRAPES FOR SALE

Drapes suitable for lounge or bedroom
As new professionally made fully lined with
three pleat heading
1.7m drop x 2.0m wide

\$150

Please phone Jeanette Haskell in Villa 115 to
View: 021 579 314



MISSING WEIGHTS

Some time ago, the Saturday Morning Exercise Class was gifted six pairs of 500gm pink weights. When checking the equipment box, we discovered that one x 500gm weight from these sets remained. The other five weights are missing.

If you have borrowed from the Exercise Class equipment box in the sideboard cupboard in the Community Centre, we would appreciate the return of this equipment. Thank you.



HAIRDRESSERS AT CARMEL

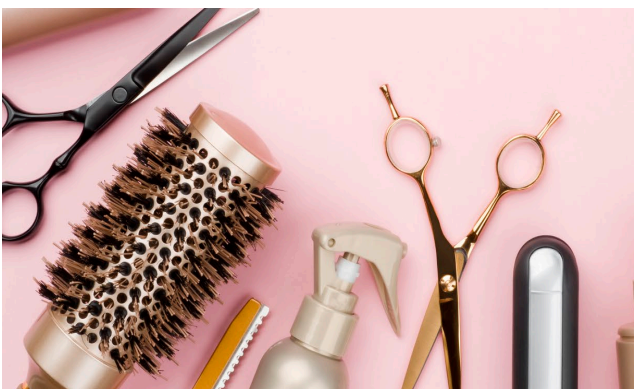
**Friday and overflow day on
Wednesday**

Debi – 027 5413 323

Thursday

Glenys – 027 5753 384

Please phone to make an appointment.



SHOE SHOPPING AT CARMEL

Murray's coming back!

Friday, 12th June

10.00am - 2.00pm

Carmel Community Centre

Shoes and sandals from \$49

Eftpos Available

Brands for sale include:

Ecco

Skechers

Ziera

Hush Puppies

Scholl

Revere

Propet



PRIVATE MEETINGS

The Health Room can be used for private meetings. Please phone the Office if you wish to use this room to check when it is available.