



From Jason's Desk

Issue 269 August 2025

Dear Residents,

I hope this finds you all happy and well. It has been a busy and exciting month here at Carmel, with plenty happening around the village.

Our AGM went very well – thank you to everyone who came along, asked questions, and shared your thoughts. Your input is invaluable, and it's always a pleasure to see residents engaged and involved in shaping our community.

The fountain is nearly ready to sparkle again. We are just completing the finishing touches before filling it, and I'm looking forward to seeing it back in action. Lighting is in the process of being installed on the new balustrades, and it's already starting to look fantastic in the evenings.

A warm welcome to our new residents – we are so pleased to have you join the Carmel family, and I'm sure you'll feel right at home in no time.

Looking ahead, we have a very special evening planned: the Carmel Gala Dinner on Saturday, 15th November. This will be a black-tie dinner event to celebrate 25 years of Carmel Country Estate – please don't worry if you don't have formal black-tie attire, simply dress up and come along to enjoy the entertaining evening we have planned. The evening is completely complimentary as a thank you from Sharlene and myself to all our wonderful residents. It promises to be a night of great food, company, and celebration. Please save the date, we will provide further details soon.

As always, thank you for looking out for one another, and for making Carmel such a special place to live.

Warmest regards,

Jason & Sharlene

WARDROBE ENVY ARE COMING TO CARMEL

**Tuesday, 19 August
10:00am - 12:00pm
Carmel Community Centre**

There will be a variety of Italian Joggers, and a selection of NZ made possum merino knitwear from Native World for sale. EFTPOS will be available.



VITAMIN B12 SHOTS AT CARMEL

With effect from 23 July 2025, administering of Vitamin B injections will no longer be available at Carmel Country Estate. We apologise for any inconvenience caused by this change; however, Management is happy to assist with transport, if you do not drive or if you do not have a partner or friend who can drive you to the appointment.

VITAMIN B12 SHOTS AT UNICHEM FIFTEENTH AVENUE

Unichem Fifteenth Avenue Pharmacy are offering a discounted service for all Carmel Country Estate Residents.

Simply mention that you are a Carmel Resident to receive your Vitamin B12 shot for \$10

Walk-in service, no appointments necessary from Monday – Saturday.

welcome

**A very warm welcome to our lovely
new residents:**

Villa 121 – Ron & Lynne Hewson

Apt F – Brent Nicholas

Villa 88 – Will & Beryl Oats

Villa 126 – David & Pat Janes



STAY SAFE IN THE WORKSHOP

Please refrain from walking through the workshop area when the circular saw is in use. It would usually only be for a minute or two, so please have patience and understanding. Cones will be placed on the floor to remind you not to disturb the operator's concentration whilst they are using the saw.



NEW BANK ACCOUNT FOR CARMEL COUNTRY ESTATE RESIDENTS' ASSOCIATION

As a result of the Carmel Country Estate Residents' Association changing from an Incorporated Society, we are required to change our bank account.

Please use the new bank account number to pay for all payments to the Carmel Country Estate Residents' Association. This includes all online payments for the monthly dinners as well as the \$10 yearly subscription when it is due after the AGM.

**The new account number is:
38-9027-0029939-00**

**Please DO NOT use this account number
for your weekly fees.**

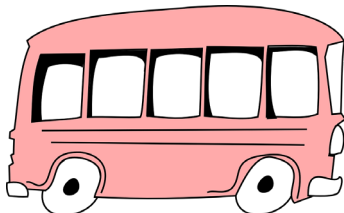
CARMEL SHOPPING BUS TIMETABLE

The shopping bus departs every Wednesday to go to The Lakes shopping mall, and every fortnight, on Friday, to go to Bayfair shopping mall at:

1st Bus – 8.30am

2nd Bus – 9.15am

The Mystery Trip departs at 8.45am



HAPPY BIRTHDAY IN AUGUST

(Management value your privacy, if you do not wish your Birthday to be acknowledged, please just let the office know)

**Jacqui Kerrigan, Shirley Street,
Sharlene McGregor, Carol Urry,
Lyn Hayson, Dawn Webb,
Bob Smith, Tony Aplin, and
Carol Stephens.**



WAIPUNA HOSPICE CHARITY SHOP

We offer a free collection service (NOT CLOTHES) in the community for anyone who would like to donate items to Waipuna Hospice Charity Shops.

Clothes must be dropped into a Hospice Shop or the Depot at Fraser Cove.

Thank you for your support. All goods donated help provide funds to support people in our community with life-limiting illness.

**FREEPHONE
07 2811755
for a free pick-up**

**(PLEASE LEAVE A
MESSAGE AND PHONE NUMBER)**



COMMITTEE BLOG - AUGUST 2025

Greetings All.

Through the gloom of August, we can see the glimmer of Spring ahead.

The Soup Night was well attended, and we all enjoyed the excellent range of delicious soups. Many thanks to all those who prepared a pot of soup and to Wills Kelly for coordinating the fare.

The present Committee's term is coming to an end shortly. The AGM will be held in the Community Centre on Friday, 29 August at 3:00pm and formal notification packs will be distributed shortly. Please give consideration to putting your name forward for the next committee.

Regards,

Quinton Dace



ARE YOU INTERESTED IN PLAYING 500?

Gloria Le Comte would like to start another 500 session. Currently 500 takes place on Wednesday afternoons. If there is enough interest, she would like to start another session on Monday evenings or on another afternoon.

If you are interested in joining in, please let Gloria know your preferred day, and if are interested in learning how to play, please call Gloria on 07 578 3180.



ARTS AND CRAFTS ROOM AND WORKSHOP

When using these facilities, please make sure you sign the Health and Safety Register, and turn the lights and heat pump off when you leave.

Please make sure you respect all residents by using these facilities during the following hours:

The Workshop is open for use:

**Thursday - Tuesday:
9.00am - 5.00pm**

Wednesday: 9.00am – 12.00pm

**The Arts and Crafts Room is open for use:
Monday – Sunday 9.00am – 5.00pm**

SOAK CLOSED

Soak will be closed while Christine is away on the following dates:

Friday, 29th August

through to

Friday, 5th September.



MAINTENANCE

Don't forget, if you have any issues around your home that you think may need attending to, please let the office know so we can check it in the first instance and book a contractor if needed.

If you require urgent maintenance assistance after

hours: Please contact Jason in the first instance on **027 4727 658** or Chris on **021 1678 309**. If Jason or Chris are not available, please contact our contractors:

Plumber:

MasterPlumb – 07 579 5997

Adam – 022 170 6916

Electrician:

Glen – 027 482 6637

Locksmith:

Justin – 027 922 0023

Heat pump:

Switch Electrical – 571 3429

PODIATRIST

Our Podiatrist, Grace Senatsi, from Vital Feet Podiatry Services will be on site on the dates listed below.

Cost: \$56 inc GST.

Cash or Eftpos accepted.

Please see current dates for Tuesdays and Wednesdays below:

2025 Visit Dates are:

17 September

23 September

29 October

4 November

10 December

16 December

**To secure your appointment,
please call:**

07 571 2233

or email

info@vitalfeetpodiatry.co.nz



Tasks for Reuben

If you have any tasks for our weekly volunteer Reuben, please call the office to add it to his task list. He visits once a week for one hour. If you are uncertain what he may be able to help with, please call the office to enquire.

MID WINTER CHRISTMAS DINNER





MANAGEMENT CONTACTS

Office and Community Centre

Darice Hubbard or Sarah Gardyne

07 544 5553

office@carmel.co.nz

Jason Rowling

0274727658

REGULAR CARMEL EVENTS

Every Monday	10.00am	Carmel Singers
Monday	1.00 pm	Indoor Bowls (names in by 12.50 pm)
Monday	1.00 pm	Rummikub
Monday	1.00 pm	Carmel Knitters
Monday	1.00 pm	Carmel Artists – Painting Tuition
Every Tuesday	1.00pm	Bolivia – Cards
Tuesday	2.00pm	Men's Croquet
2nd Tuesday in the month	10.00am	Residents' Morning Tea
3rd Tuesday in the month	1.00pm	Bingo
4th Tuesday in the month	10.00am	Garden Lovers
Every Wednesday	8.45 am	Village Bus Departs for The Crossing
Wednesday	9.00am	Outdoor Bowls (names in by 8.50am)
Wednesday	9.00am	Strength and Balance Class
Wednesday	1.00pm	Arts and Crafts Workshop
Wednesday	1.15pm	Mah-jong
Wednesday	1.00pm	500 Card Game
Wednesday	4.00pm	Men's Social Hour
Every Thursday	10.00am	Health Clinic in Doctors Room
Thursday	1.00pm	Rummikub and Scrabble
Thursday	1.00pm	Adult Colouring In
Thursday	1.00pm	Indoor Bowls (names in by 12.50pm)
1st Thursday in the month	6.45pm	Quiz night
3rd Thursday in the month	10.15am	Carmel Lunch Club
4th Thursday in the month	10.30am	Carmel Community Church Ladies Morning Tea
Every Friday	9.00am	Outdoor Bowls (Names in by 8.50am)
Friday	9.30am	Golf Croquet
Friday	1.00pm	Hobby Group
Friday	4.00 pm	Mix and Mingle
Last Friday in the month	8.30am	Village bus departs for Bayfair (twice per month)
Every Saturday in the month	9.30am	Exercise Class
Saturday	1.00pm	Bolivia
3rd Saturday in the month	5.00pm	Residents' Catered Dinner
Every Sunday	11.00am	Carmel Community Church
1st Sunday in the month	1.30pm	Tauranga Organ and Keyboard Club
Every Thursday	8.30am	Hair Salon – Glenys – 027 5753 384
Every Wednesday	8.30am	Hair Salon – Debi - 027 5413 323
Tues – Saturday by appointment	8.30am	Beauty Salon – Christine – 02102635169

WE ALL HAVE A STORY

We all have a story
a tale to be told
of the joys we've experience
and the hardships we've known

Sometimes we wear them
on our sleeves for all to see
but often they're hidden
as deep as they can be.

So, let us be kind
for we never truly know
the struggles and battles
that others undergo.

May empathy and compassion be the
guiding lights we share
and may we always remember
that each story deserves care.

For in our human journey
we all need love and grace
so, let us be kind to one another
and create a better place.

CARMEL ARTISTS

What:

Tuition in painting and drawing

When:

Every Monday, 1:00pm to 3:00pm.

Location:

The Carmel Arts and Crafts Room

Tutor:

Joan Gestro

Contact Joan:

027 322 0342



B.O.P TEAM CLEAN

Bespoke Cleaning Service.
Jo offers one off cleans and regular
home cleaning. Contact Jo to discuss
your individual requirements.

\$45 per hour.

Jo Birtwistle – 027 262 0763

info@bopteamclean.co.nz



**B.O.P
TEAM CLEAN**

CARMEL SINGERS

New singers are always welcome to
join the Carmel Singers on Monday in
the Community Centre at 10.00am. If
you have any questions, please call
Suze Fox on 07 544 9662.

ST JOHN ALARM

We would like to remind you that if
you experience chest pain, or any
symptoms of a heart attack. Please
press your St John Medical Alarm as
soon as possible. The trained medical
team are available to help.

FRIENDSHIP AND CONNECTION AT CARMEL

Every Sunday, at 3pm, for the last five years we have enjoyed a neighbour's happy hour.

A couple of times a year we turn it into a BBQ. Highlights this time include Graham's gorilla home brew, Carol's jelly beetroot, and Ces's corn fritters. There are a lot of good people who live in this Village.

Eddie Perrett



GARDENING

We have made changes to the way in which we look after the gardens at Carmel. We have started working at one end of the Village and will work our way through to the other end on a continuous cycle. The garden team will attend to everything in your garden before moving on.

If you have an urgent job, or if you would like to know when the gardeners will be in your street, please phone the office.



If you currently look after your own gardens and you would like the gardeners to take over, please phone the office.



REUBEN'S CAR VALET

TIMES AVAILABLE

Weekdays from 11am to 5pm

Over and above my Volunteer work at Carmel, I would like to start up my own car washing business here, of which Jason is very supportive. On the days listed above, I am available to wash any car/campervan you want cleaned. If you would like to book a spot for your vehicle, please phone me and I will organise a time with you. Have a read below of all the different services and pricing available.

Additional information

- I will come to your house and wash your car/campervan in your driveway.
- I will require access to your hose and power, all other equipment will be provided by me.
- There will be more days set depending on how many bookings there are.



EXTERIOR HAND WASH

Pressure clean + full exterior scrub with special car soap.

- Car \$30
- Campervan \$40
- Roof of campervan + \$10



FULL INTERIOR CLEAN

Vacuum of carpets and carseats + wipe down of all hard surfaces within your car

- Car \$30
- Campervan \$30 (only includes cab of campervan)



DOORFRAME WASH

Thorough wipe down of all doorframes in your car

- Car \$10
- Campervan \$10

Package deal for cars: \$60 (Includes all 3 services above)

Package deal for campervan: \$80 (Includes all 3 services above)

Number for booking or enquiries:
021 090 10538

Payment options:

- Cash
- Bank transfer: 01-0748-0159097-00

GARDEN CIRCLE SNIPPETS – JULY 2025

Waking up to a 2-degree frost, very white roof tiles, iced over bird baths and frost-bitten plants, shrubs and trees was quite the surprise even though the weather forecasters had warned us well in advance. Perhaps we were rather complacent and that is why we were caught out. Hopefully the blackened trees and shrubs will soon bounce back as the warmer spring weather arrives. Spring is only weeks away – the birds are chirping loudly, looking for a mate and the days are definitely lengthening so better days are ahead of us.

- Sow leafy green goodness – early spring is a good time to start your crop of leafy greens. Seeds could be started and transplanted as the weather warms up: Lettuce, spinach, celery, rocket and even some herbs could be underway now.
- Now is the time to plant lily bulbs for a summer display. Choose a sunny spot with free draining soil. Plant the bulbs about 10cm deep (pointy side up) and consider planting in groups for a dramatic show. Once flowered allow the stems to die back naturally to nourish the bulb for next season.
- If your rhubarb plant has several crowns or is just getting too big think about dividing it up and repotting the new plants into another area of the garden or just giving a piece away to a neighbour or friend.

“EMBRACE PERFECTION AND LEARN FROM MISTAKES”

Brenda Gaylard

CARMEL WORD SCRAMBLE



Try solving the Carmel word scramble. Use all nine letters to create one word.

The answer will be printed in the next newsletter.

June answer: INTRODUCE

Goodluck!

MOBILITY SCOOTER WANTED

If you are looking to sell a mobility scooter that you may no longer need.
Please contact Sarah at the office.
Thank you.



CARMEL COMMUNITY CHURCH

You are warmly invited to the:
HIGH MORNING TEA

Theme: WINTERS END

Thursday, 28th August
10.30am – 11.30am

Carmel Community Centre

Programme:

A Reflective Thought
Encouraging Activity

Contacts:

Margaret Foster – 027 406 1846
Janet McCutchan – 027 2648 555
Jean Crane – 022 1904 105



HAIRDRESSERS

Friday and overflow day on Wednesday

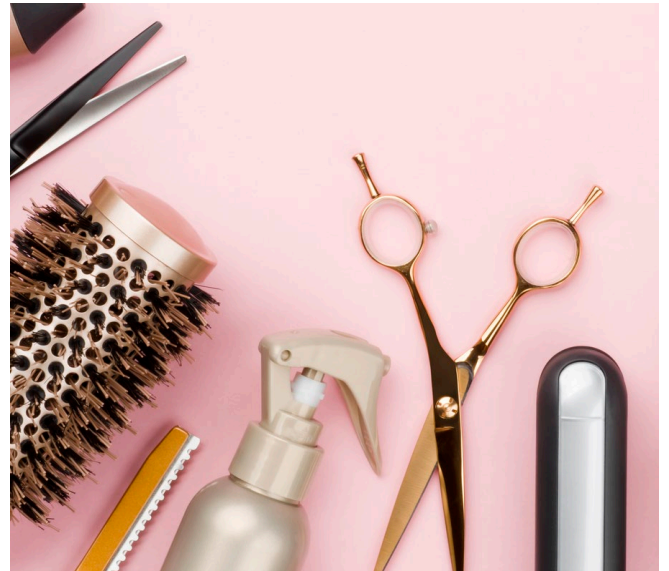
Debi – 027 5413 323

Thursday

Glenys – 027 5753 384

**Please note, Glenys will be on leave from
7 July – 21 August.**

Please phone to make an appointment



TERRACOTTA POTS & FAKE FLOWERS WANTED

If you have any terracotta pots or fake flowers that you no longer use, please consider donating them to the Art Room for an upcoming project. Please phone Sue Batchelor on 027 255 8151 or drop any items directly to the Art Room.

Thank you!



ST JOHN AMBULANCE PRIVACY ACT

We kindly ask that residents please be mindful when an ambulance arrives to help a fellow resident. Unless the resident has asked you to attend, please respect their privacy and leave it to the professionals and staff to look after the resident's best interests and care at the time. If you have any concerns, please contact the office.



THANK YOU



HEALTH AND SAFETY

Our gates open at 6.00am and close at 7.00pm

Security cameras are located at the front entrance of the Village, inside the reception area of the Community Centre, and upstairs where the Apartments are located. They operate 24 hours a day, seven days a week.

Please remember we have new workshop rules and strict workshop machinery induction requirements.

All residents, including their family and friends, must read the notices in the workshop and sign the register before using the space.

The workshop is available for use between the hours of

Thursday - Tuesday: 9.00am - 5.00pm
Wednesday: 9.00am - 12.00pm

ST JOHN MEDICAL ALARM

We would like to remind you that if someone in your household falls, **please press your St John Medical Alarm straight away, then make sure the resident is warm and comfortable.**

For their safety, please do not pick the person up as they may have injuries that are not visible. The paramedics will assess the person for any injuries they might have sustained and are trained to lift the person without causing further harm.

If you are on your own, please press your St John Medical Alarm first, if you can hear anyone outside your villa, alert them to your situation.

We would like to kindly remind all residents that it is a good idea to wear your St John Medical Alarm at all times, including in the shower. This is particularly important for those who live on their own. The only time you need to take your alarm off is if you are going away, in which case, you can leave it at home.

If you activate your alarm on a weekday, St John will contact the office and staff may be sent to you, but after hours and on weekends this does not apply.

If someone in your household is able, pack a small bag that includes your house keys to take with you.

If you have any cause for concern and need to call the police for any reason, you can push your St John Medical Alarm.

When they contact you, let the dispatcher know that you would like to be connected to the police.

CARMEL SOUP NIGHT



FIGHTING BLINDNESS

The following information on fighting blindness is now located in the library.

- Understanding Age-Related Macular Degeneration
- Understanding Cataracts
- Understanding Retinitis Pigmentosa
- NZ Low Vision Handbook – The Beginners Guide to Coping with Vision Loss

Please help yourselves. If you have any questions, please phone Jan Nesbitt on 021 0821 2739.



LIBRARY NEWS

Our library is ticking along nicely, with lots of good reading material, both new books and donated books of good quality.

Many thanks to Jason and Sharlene for donating resources to our library. We have managed to get new books, both fiction and non-fiction.

In the future, I will again approach the Tauranga Public Library for large print discard books that are more up to date than some of ours.

Many thanks to those folk that pop a good donation book into the box and to those who give their time to keep the library running.

We have a new helper on board. Welcome to Don Banks, who does a sterling job.

Get well soon Wendy.

Jan Gibson – Coordinating Librarian

STAFF WORKSHOP

Please do not enter the Staff Workshop or take any items from it without permission. If you require anything, please ask the staff who will be happy to help where possible.

Thank you for your understanding.

PLEASE NOTE

If you leave your garage door open at night and our security team, Nutech, sight it, they will enter your garage to close the door for your safety. They do not go down every street if they have a clear vision from the main road as they want to prevent their car lights from shining into windows and disturbing residents.

If they enter your garage they will report it to the office, who will contact you on the following weekday.

